

Scottish Disability Sport Senior Track Field Championships

Wednesday 15th September 2021

Grangemouth Stadium, Grangemouth

**Event 2 Men 400 m WC RR**

Name	Year Team	Finals
Heat 1		
1 Keith Gray WC	Forth Valley Flyers	79.24
2 Finlay Menzies RR	Lothian	1:20.30
3 Matthew Doig RR3	Perth Strath	1:37.32

**Event 3 Women 400 m Race Runner**

Name	Year Team	Finals
1 Nicola Russell RR3	Ayrshire	1:35.89
2 Jess Bradley RR3	Red Star AC	2:02.94

**Event 4 Mixed 400 m PD LD**

Name	Year Team	Finals
1 Steven Stone T20	M Forth Valley Flyers	56.48
2 Sam Fernando T20	M Fife	63.79
3 Derek Taylor LD	M Red Star AC	64.40
4 Connor Brown T37	M Fife	68.90
5 Margaret Newell LD	W Red Star AC	76.98
6 ALASDAIR LARTER LD	M VP Glasgow AC	77.29

**Event 5 Men 100 m PD LD Band A**

2019: 11.76 15/09/2021 Matthew Power T20, Lothian		
Name	Year Team	Finals
Heat 1 Wind: 0.7		
1 Matthew Power T20	Lothian	11.66
2 Lewis Lyle LD	Forth Valley Flyers	11.98
3 Callum Ballantyne LD	Red Star AC	12.93
4 Kieran Mckee T20	Red Star AC	13.03
5 Stuart Gebbie T12	Red Star AC	13.35
6 Niall Finlayson LD	Forth Valley Flyers	15.93

**Event 6 Men 100 m LD Band B**

2019: 14.35 15/09/2021 Davide King, Fife		
Name	Year Team	Finals
Heat 1 Wind: 0.5		
1 Dale Lynch LD	Fife	13.78
2 Phillip Callender LD	Fife	14.04
3 Fraser Wilson LD	Fife	15.29
4 Paul Wotherspoon LD	Forth Valley Flyers	15.66
5 David Mair LD	Fife	18.01

**Event 7 Men 100 m LD Band C**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Cameron Tweedie T20	Lothian	15.50
2 Liam Martin LD	Fife	15.60
3 Neil Simpson LD	Fife	16.00
4 Connor Todd LD	Fife	16.30
5 Laurie Doran LD	Fife	16.90
6 Davide Giudice LD	Fife	18.00
7 Graham Law LD	Fife	18.90

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**Event 8 Men 100 m LD PD Band D**

Name	Year Team	Finals
1 Michael McKinley LD	Forth Valley Flyers	16.06
2 Jamie Baird PD	Hollybrook Academy	16.20
3 Finlay Davidson T40	Fife	17.35
4 Gopal Bhandari PD	Hollybrook Academy	18.07
5 Colton McMahon LD	Fife	18.12
6 Glen Miller LD	Fife	21.75

**Event 9 Men 100 m WC RR**

Name	Year Team	Finals
Heat 1 Wind: 1.4		
1 Finlay Menzies RR	Lothian	20.10
2 Keith Gray WC	Forth Valley Flyers	22.23
3 Matthew Doig RR3	Perth Strath	22.71
4 Jonny Brown F33	Fife	25.66

**Event 10 Women 100 m LD PD Band A**

Name	Year Team	Finals
2019: 14.75 15/09/2021 Melanie Nicol, Highland		
Heat 1 Wind: 1.0		
1 Melanie Nicoll LD	Highland	14.76
2 Chloe Mclean LD	Forth Valley Flyers	15.23
3 Freya Howgate T37	Perth Strath	16.91
4 Struggl Makumbu LD	Hollybrook Academy	16.95
5 Marie Wilson LD	Fife	17.74
6 Katy Orr VI	Ayrshire	17.95
7 Amy Currie T37	Forth Valley Flyers	19.23

**Event 11 Women 100 m LD PD Band B**

Name	Year Team	Finals
Heat 1 Wind: 0.9		
1 Christie Richardson LD	Hollybrook Academy	20.84
2 Toni Duffin LD	Fife	22.83
3 Samantha Christie LD	Fife	29.41

**Event 12 Women 100 m WC RR**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 JULIE MCELROY RR	VP Glasgow AC	23.11
2 Jess Bradley RR3	Red Star AC	29.90
3 Wiktoria Mucha RR3	Perth Strath	36.38

**Event 13 Men 1500 m LD Band A**

Name	Year Team	Finals
2019: 4:29.03 15/09/2021 Cormac O'Hara, Glasgow and		
Heat 1		
1 Cormac O'Hara LD	Red Star AC	4:19.96
2 Sam Fernando T20	Fife	4:20.62
3 Darren Carruthers LD	Red Star AC	5:23.80

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**Event 14 Men 200 m LD PD Band A**

=====			
Name	Year	Team	Finals
=====			
2019: 23.95 15/09/2021 Matthew Power T20, Lothian			
Heat 1 Wind: +0.0			
1	Matthew Power	T20 Lothian	23.23
2	Steven Stone	T20 Forth Valley Flyers	23.63
3	Lewis Lyle	LD Forth Valley Flyers	23.91
4	Callum Ballantyne	LD Red Star AC	26.18
5	Kieran Mckee	T20 Red Star AC	26.94
6	Stuart Gebbie	T12 Red Star AC	27.09

**Event 15 Men 200 m LD Band B**

=====			
Name	Year	Team	Finals
=====			
Heat 1 Wind: 0.3			
1	Darren Carruthers	LD Red Star AC	28.71
2	Cameron Tweedie	T20 Lothian	28.89
3	ALASDAIR LARTER	LD VP Glasgow AC	31.73
4	Lewis McDerimid	LD Forth Valley Flyers	32.94

**Event 16 Men 200 m LD Band C**

=====			
Name	Year	Team	Finals
=====			
Heat 1 Wind: +0.0			
1	Fraser Wilson	LD Fife	33.52
2	Paul Wotherspoon	LD Forth Valley Flyers	34.47
3	Connor Todd	LD Fife	36.50
4	David Mair	LD Fife	37.79

**Event 17 Men 200 m WC RR**

=====			
Name	Year	Team	Finals
=====			
1	Finlay Menzies	RR Lothian	40.36
2	Keith Gray	WC Forth Valley Flyers	41.16
3	Matthew Doig	RR3 Perth Strath	46.57

**Event 18 Women 200 m LD PD Band A**

=====			
Name	Year	Team	Finals
=====			
Heat 1 Wind: 0.3			
1	Melanie Nicoll	LD Highland	30.58
2	Chloe Mclean	LD Forth Valley Flyers	32.19
3	Amy Currie	T37 Forth Valley Flyers	41.62

**Event 19 Women 200 m WC RR**

=====			
Name	Year	Team	Finals
=====			
Heat 1 Wind: 1.1			
1	Nicola Russell	RR3 Ayrshire	43.09
2	JULIE MCELROY	RR VP Glasgow AC	50.02
3	Jess Bradley	RR3 Red Star AC	59.59
4	Wiktorija Mucha	RR3 Perth Strath	1:36.20

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**Event 20 Men 50 m LD PD Band A**

Name	Year Team	Finals
Heat 1 Wind: 0.9		
1 Davide Giudice LD	Fife	8.45
2 Jonathan McCormack LD	Fife	9.14
3 James Holden LD	Fife	10.23
4 Billy Goodall LD	Red Star AC	10.82
5 Mathew Cumberland PD	Hollybrook Academy	10.90

**Event 21 Men 50 m LD Band B**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Sean Howieson LD	Fife	11.45
2 Connor Greer LD	Fife	12.91
3 Mustafa Mohammed LD	Fife	14.37

**Event 22 Women 50 m LD PD Band A**

Name	Year Team	Finals
Heat 1 Wind: 0.9		
1 Pauline Bryson LD	Fife	10.06
2 Lisa Davis LD	Red Star AC	10.80
3 Keri MacNicol PD	Fife	11.25
4 Alexandra Bald LD	Fife	11.78

**Event 23 Mixed 800 m Race Runner**

Name	Year Team	Finals
Heat 1		
1 Matthew Doig RR3	M Perth Strath	3:31.36
2 Jess Bradley RR3	W Red Star AC	5:23.67

**Event 24 Mixed 800 m LD Band A**

Name	Year Team	Finals
1 Cormac O'Hara LD	M Red Star AC	2:09.37
2 Sam Fernando T20	M Fife	2:10.14
3 Derek Taylor LD	M Red Star AC	2:32.65
4 Margaret Newell LD	W Red Star AC	3:09.70

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**Event 25 Mixed 4x100 m Relay**

2019: 50.35 15/09/2021 Forth Valley, Forth Valley  
G Le Hardy T20, J Muir, L Nolan F20, S Stone F20

Team Finals

1 Forth Valley Flyers 'A'	53.44
1) Chloe Mclean LD	2) Lewis Lyle LD
3) Liam Nolan T20	4) Steven Stone T20
2 Red Star AC 'A'	53.73
1) Stuart Gebbie T12	2) Darren Carruthers LD
3) Cormac O'Hara LD	4) Kieran Mckee T20
3 Red Star AC 'B'	58.58
1) Margaret Newell LD	2) Callum Ballantyne LD
3) Derek Taylor LD	4) Alasdiar Larter
4 Fife 'A'	62.12
1) Dale Lynch LD	2) Fraser Wilson LD
3) Liam Martin LD	4) Phillip Callender LD
5 Forth Valley Flyers 'B'	76.21
1) Niall Finlayson LD	2) Lewis McDermid LD
3) Paul Wotherspoon LD	4) Michael McKinley LD
6 Fife 'B'	1:23.03
1) David Mair LD	2) Jonathan McCormack LD
3) James Holden LD	4) Colton McMahon LD
7 Fife 'C'	1:25.39
1) Pauline Bryson LD	2) Toni Duffin LD
3) Marie Wilson LD	4) Alexandra Bald LD

**Event 26 Women Discus 1kg DT**

2019: 18.58m 15/09/2021 Caitlyn Ross, Forth Valley

Name Year Team Finals

Pool 1

1 Caitlyn Ross LD	Forth Valley Flyers	20.16m
20.16m 18.75m 17.55m FOUL		
2 Freya Howgate T37	Perth Strath	18.73m
18.73m 17.88m FOUL 17.87m		
3 Laura Kinder LD	Red Star AC	16.34m
14.89m 16.34m FOUL FOUL		
4 Geraldine Fitzsimmons LD	Red Star AC	12.29m
11.21m 11.62m FOUL 12.29m		

**Event 26 Men Discus 1.5kg DT**

Name Year Team Finals

1 Brian Murray PD	Dumfries & Galloway	13.15m
13.15m 12.07m 11.08m 12.21m		

**Event 26 Men Discus 1kg DT**

2019: 11.99m 15/09/2021 Finlay Davidson T40, Fife

Name Year Team Finals

1 Phillip Callender LD	Fife	20.53m
17.49m 18.45m 18.16m 20.53m		
2 Connor Brown T37	Fife	17.96m
17.96m 17.09m 14.49m 16.93m		
3 Finlay Davidson T40	Fife	14.08m
13.77m 13.73m 14.08m 11.85m		

**Event 26 Men Discus 2kg DT**

2019: 23.93m 15/09/2021 Liam Nolan F20, Forth Valley				
Name	Year	Team	Finals	
1 Liam Nolan T20		Forth Valley Flyers	27.65m	
	27.65m	FOUL	22.67m	24.71m

**Event 27 Women Other Softball Band A**

2019: 21.85m 15/09/2021 Andrea Spry, Fife				
Name	Year	Team	Finals	
1 Lisa Davis LD		Red Star AC	18.79m	
	14.06m	18.79m	14.28m	14.31m
2 Christie Richardson LD		Hollybrook Academy	15.58m	
	15.58m	13.41m	14.08m	15.07m
3 Caitlin Greer LD		Fife	8.24m	
	7.86m	7.42m	8.09m	8.24m
4 Struggl Makumbu LD		Hollybrook Academy	7.62m	
	6.76m	7.50m	7.62m	6.61m
5 Alexandra Bald LD		Fife	6.89m	
	6.89m	5.66m	5.20m	5.92m
6 Keri MacNicol PD		Fife	6.35m	
	6.05m	5.50m	6.35m	5.92m
7 Wiktoria Mucha RR3		Perth Strath	5.92m	
	3.43m	5.55m	5.92m	3.83m

**Event 28 Men Shot Put Band A 4kg SP**

2019: 7.98m 15/09/2021 David Noble, Perth				
Name	Year	Team	Finals	
1 Dale Lynch LD		Fife	8.00m	
	7.54m	7.06m	8.00m	
2 Davide Giudice LD		Fife	6.05m	
	6.05m	5.67m	5.36m	
3 Connor Todd LD		Fife	6.02m	
	5.72m	5.64m	6.02m	
4 Glen Miller LD		Fife	5.93m	
	4.69m	5.26m	5.93m	
5 Michael McKinley LD		Forth Valley Flyers	5.51m	
	4.41m	5.05m	5.51m	
6 Laurie Doran LD		Fife	5.11m	
	4.99m	5.11m	4.25m	
7 Sean Howieson LD		Fife	4.96m	
	4.86m	4.82m	4.96m	
8 Graham Law LD		Fife	4.81m	
	4.81m	4.55m	4.81m	
9 Finlay Davidson T40		Fife	4.60m	
	4.60m	4.44m	4.23m	4.49m

**Event 29 Men Long Jump Standing SLJ Band A**

2019: 1.82m 15/09/2021 Conor Mitchell, Fife						
Name	Year	Team	Finals	Wind		
1 Jamie Baird PD		Hollybrook Academy	1.49m			
	1.49m	1.35m	1.36m	1.37m		
2 James Holden LD		Fife	1.45m			
	1.32m	1.45m	1.40m	1.36m		
3 Jonathan McCormack LD		Fife	1.42m			
	1.02m	1.08m	1.23m	1.42m		
4 Gopal Bhandari PD		Hollybrook Academy	1.30m			
	1.08m	1.25m	1.17m	1.30m		
5 Sean Howieson LD		Fife	0.99m			
	0.89m	0.89m	0.92m	0.99m		
6 Billy Goodall LD		Red Star AC	0.97m			
	0.79m	0.95m	0.97m	0.97m		
7 Mustafa Mohammed LD		Fife	0.60m			
	0.47m	0.46m	0.52m	0.60m		

**Event 30 Mixed Discus 1kg DT Seated**

2019: 22.96m 15/09/2021 Matthew Craig F57, Forth Val						
Name	Year	Team	Finals	Wind		
1 Adam Donnachie F57		M Fife	19.62m			
	17.51m	16.91m	18.98m	16.15m	16.35m	19.62m
2 Nicola Russell RR3		W Ayrshire	10.20m			
	8.25m	7.93m	6.98m	6.72m	10.20m	8.28m
3 Jonny Brown F33		M Fife	9.74m			
	9.69m	9.46m	9.00m	9.69m	9.74m	FOUL

**Event 30 Mixed Other Club Throw**

2019: 2.96m 15/09/2021 Natalie Wilson PD, Highland						
Name	Year	Team	Finals	Wind		
1 Nicola Russell RR3		W Ayrshire	15.92m			
	13.18m	14.30m	14.83m	15.66m	14.79m	15.92m

**Event 31 Men Shot Put 5kg SP**

2019: 9.64m 15/09/2021 Michael Mellon F64, Fife						
Name	Year	Team	Finals	Wind		
1 Niall Finlayson LD		Forth Valley Flyers	5.75m			
	4.92m	5.61m	5.75m	5.43m		
2 Connor Brown T37		Fife	5.46m			
	5.19m	5.43m	5.14m	5.46m		

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**Event 32 Women Long Jump Standing SLJ Band A**

Name	Year Team	Finals	Wind
1 Struggl Makumbu LD	Hollybrook Academy	1.44m	
1.30m 1.32m 1.44m 1.27m			
2 Christie Richardson LD	Hollybrook Academy	1.29m	
1.16m 1.15m 1.29m 1.28m			
3 Pauline Bryson LD	Fife	1.21m	
1.11m 1.21m 1.12m 1.21m			
4 Lisa Davis LD	Red Star AC	1.13m	
1.13m 1.02m 1.11m 0.98m			
5 Samantha Christie LD	Fife	1.04m	
0.67m 0.93m 1.04m 0.98m			
6 Keri MacNicol PD	Fife	0.84m	
0.75m 0.75m 0.84m 0.65m			
7 Alexandra Bald LD	Fife	0.82m	
0.82m 0.78m 0.67m 0.61m			

**Event 33 Men Other Softball Band A**

Name	Year Team	Finals
2019: 21.13m 15/09/2021 Joe McNee, Glasgow and		
1 Joe McNee LD	Red Star AC	20.35m
19.73m 19.41m 18.94m 20.35m		
2 Gopal Bhandari PD	Hollybrook Academy	20.30m
14.77m 18.81m 19.58m 20.30m		
3 Billy Goodall LD	Red Star AC	16.18m
13.75m 14.05m 13.67m 16.18m		
4 Jamie Baird PD	Hollybrook Academy	16.02m
12.59m 13.27m FOUL 16.02m		
5 Mathew Cumberland PD	Hollybrook Academy	13.63m
13.63m 12.14m 11.02m 9.98m		
6 James Holden LD	Fife	12.21m
11.49m 10.75m 12.21m 12.14m		
7 Jonathan McCormack LD	Fife	11.84m
11.84m 11.20m 9.09m 11.60m		
8 Mustafa Mohammed LD	Fife	8.53m
6.43m 8.00m 8.53m 6.36m		
9 Connor Greer LD	Fife	5.96m
3.96m 5.96m 4.13m 5.75m		

**Event 34 Men Long Jump Band C**

Name	Year Team	Finals	Wind
1 Phillip Callender LD	Fife	3.69m	
3.15m 3.37m 3.69m FOUL			
2 Laurie Doran LD	Fife	2.42m	
1.59m 2.33m 1.89m 2.42m			
3 Paul Wotherspoon LD	Forth Valley Flyers	2.03m	
1.84m 2.03m 1.98m FOUL			
4 Glen Miller LD	Fife	1.37m	
1.13m 1.27m 1.29m 1.37m			
5 Graham Law LD	Fife	0.81m	
0.81m 0.64m 0.48m 0.48m			



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**Event 35 Women Shot Put 4kg SP**

2019: 8.22m 15/09/2021 Caitlyn Ross, Forth Valley				
Name	Year	Team	Finals	
1 Caitlyn Ross LD		Forth Valley Flyers	7.55m	
	7.32m	7.25m	7.49m	7.55m
2 Laura Kinder LD		Red Star AC	5.80m	
	4.85m	5.50m	FOUL	5.80m
3 ANNA HICKS VI		VP Glasgow AC	5.25m	
	4.98m	FOUL	5.25m	5.18m

**Event 35 Men Shot Put 6kg SP**

2019: 8.56m 15/09/2021 Sean McCormick, VP-Glasgow A				
Name	Year	Team	Finals	
1 ALASDAIR LARTER LD		VP Glasgow AC	5.21m	
	4.53m	5.21m	3.30m	4.83m

**Event 35 Men Shot Put 7.26kg SP**

2019: 8.79m 15/09/2021 Steven Stone F20, Forth Valle				
Name	Year	Team	Finals	
1 Liam Nolan T20		Forth Valley Flyers	7.99m	
	7.86m	7.65m	7.58m	7.99m

**Event 36 Men Javelin 700g JT**

2019: 34.35m 15/09/2021 Michael Mellon F64, Fife				
Name	Year	Team	Finals	
1 Brian Murray PD		Dumfries & Galloway	13.83m	
	10.28m	13.13m	13.83m	12.41m

**Event 36 Men Javelin 800g JT**

2019: 38.55m 15/09/2021 James Muir, Forth Valley				
Name	Year	Team	Finals	
1 Lewis McDermid LD		Forth Valley Flyers	17.30m	
	17.30m	16.15m	FOUL	15.63m

**Event 37 Men Long Jump Band A**

2019: 6.38m 15/09/2021 Steven Stone F20, Forth Valley					
Name	Year	Team	Finals		Wind
1 Steven Stone T20		Forth Valley Flyers	5.97m		
	FOUL	FOUL	4.33m	5.97m	
2 Matthew Power T20		Lothian	5.33m		
	5.20m	5.33m	5.25m	5.13m	
3 Liam Nolan T20		Forth Valley Flyers	5.01m		
	4.65m	4.97m	4.79m	5.01m	

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**Event 37 Men Long Jump Band B**

2019: 3.87m 15/09/2021 Davide King, Fife					
Name	Year	Team	Finals	Wind	
1 Dale Lynch LD		Fife	4.10m		
	3.86m	3.99m	4.10m	3.77m	
2 Liam Martin LD		Fife	3.31m		
	2.74m	2.97m	2.44m	3.31m	
3 Michael McKinley LD		Forth Valley Flyers	3.02m		
	2.18m	2.87m	3.02m	3.01m	
4 David Mair LD		Fife	2.97m		
	2.97m	FOUL	2.68m	2.87m	
5 Fraser Wilson LD		Fife	2.95m		
	2.81m	2.95m	2.93m	2.71m	

**Event 38 Women Shot Put 3kg SP**

2019: 6.66m 15/09/2021 Freya Howgate T37, Perth					
Name	Year	Team	Finals		
1 Freya Howgate T37		Perth Strath	7.48m		
	6.91m	7.33m	7.47m	7.48m	
2 Geraldine Fitzsimmons LD		Red Star AC	5.68m		
	5.54m	5.31m	5.46m	5.68m	
3 Pauline Bryson LD		Fife	5.33m		
	4.57m	4.55m	3.89m	5.33m	
4 Marie Wilson LD		Fife	5.14m		
	4.89m	5.12m	5.14m	5.08m	
5 Katy Orr VI		Ayrshire	5.12m		
	5.06m	4.89m	4.80m	5.12m	
6 Samantha Christie LD		Fife	4.89m		
	FOUL	4.89m	4.77m	4.23m	
7 Toni Duffin LD		Fife	3.89m		
	3.89m	3.53m	3.73m	3.61m	

**Event 39 Women Javelin 600g JT**

2019: 19.77m 15/09/2021 Freya Howgate T37, Perth					
Name	Year	Team	Finals		
1 Caitlyn Ross LD		Forth Valley Flyers	15.73m		
	12.63m	13.23m	15.73m	15.10m	
2 Laura Kinder LD		Red Star AC	11.33m		
	11.33m	10.64m	10.88m	9.08m	
3 Geraldine Fitzsimmons LD		Red Star AC	11.18m		
	9.54m	9.57m	10.19m	11.18m	
4 ANNA HICKS VI		VP Glasgow AC	9.38m		
	7.89m	8.20m	9.38m	8.68m	

**Event 39 Men Javelin 600g JT**

2019: 19.63m 15/09/2021 David Noble, Perth					
Name	Year	Team	Finals		
1 Darren Carruthers LD		Red Star AC	21.20m		
	21.20m	16.42m	19.78m	19.49m	

**Event 40 Mixed Javelin 600g JT Seat**

2019: 18.30m 15/09/2021 Lee Lower F55, Dumfries & G						
Name	Year	Team				Finals
1 Adam Donnachie F57	M	Fife				15.97m
	15.17m	15.68m	15.30m	FOUL	15.06m	15.97m
2 Jonny Brown F33	M	Fife				7.07m
	7.07m	6.95m	6.38m	6.61m	6.46m	6.29m

**Event 40 Mixed Shot Put Seated SP**

2019: 4.14m 15/09/2021 Lizzy Jackson PD, Forth Valle						
Name	Year	Team				Finals
1 Adam Donnachie F57	M	Fife				7.12m
	6.50m	6.50m	6.57m	7.12m	6.29m	6.61m

**Event 41 Women Long Jump Band A & Band B**

Name	Year	Team			Finals	Wind
1 Melanie Nicoll LD		Highland			3.74m	
	3.42m	3.25m	3.49m	3.74m		
2 Marie Wilson LD		Fife			2.54m	
	2.54m	2.14m	2.34m	2.14m		
3 Chloe Mclean LD		Forth Valley Flyers			2.33m	
	2.23m	2.11m	2.33m	2.28m		
3 Amy Currie T37		Forth Valley Flyers			2.33m	
	2.19m	2.29m	2.33m	FOUL		
5 Toni Duffin LD		Fife			1.42m	
	FOUL	1.30m	1.00m	1.42m		

**Event 42 Men Shot Put 3kg SP**

2019: 4.68m 15/09/2021 Jordan Valentine, Angus						
Name	Year	Team				Finals
1 Neil Simpson LD		Fife				9.27m
	7.08m	7.01m	8.22m	9.27m		
2 Liam Martin LD		Fife				9.01m
	7.32m	7.54m	9.01m	8.72m		
3 Colton McMahon LD		Fife				7.60m
	7.35m	7.60m	FOUL	7.28m		

**Event 43 Mixed Hammer Open**

Name	Year	Team				Finals
1 Liam Nolan T20	M	Forth Valley Flyers				29.15m
	27.01m	29.15m	27.74m	22.78m		
2 Caitlyn Ross LD	W	Forth Valley Flyers				18.56m
	FOUL	18.56m	FOUL	FOUL		